

Why Gravity?



Gravity Gymnastics is known for more than its outstanding instruction and fun curriculum in preschool, recreational and outstanding achievements in competitive gymnastics.

Our location is among the cleanest in South Florida, with updated and safe equipment for all of your child's gymnastics needs.

The owners of Gravity Gymnastics and our Team Director have practiced and taught the sport of gymnastics for over twenty years. They have participated at international events as gymnasts, judges, and coaches. These many years of experience have allowed the owners to carefully plan and structure our team program to become amongst the most successful gymnastics programs in Florida.

Our Team Program has grown tremendously since its inception in 2008. Gravity's Competitive Team Program has obtained outstanding results in all competitions including qualifying meets and State Championships. All our team coaches are Safety Certified Professional Members of USA Gymnastics and attend Regional and National Congresses to always stay up to date with latest techniques.

At Gravity, the focus is not just on winning, but on the process of developing champions in and out of the gym. The coaches are able to accomplish this by finding a quality within each child that makes her special and developing a unique bond with each gymnast. The coaches' main objective is to provide a positive influence in your child's life while helping each gymnast set and achieve realistic goals.